



## ***PLM Families Together, Inc.***

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### ***100% Success at Oak Hollow Breaking the Cycle***

PLM Families Together is known for effective collaboration. In November, 2006, a new apartment complex called Oak Hollow opened. It is a 10-unit complex, built and managed by CASA, and staffed by PLMFT and the Women's Center of Wake County.

Nine of the ten families at Oak Hollow are graduates of PLMFT. They have significant disabilities, including mental health diagnosis, chronic physical illness, and some residents are in recovery from addiction. Everyone has children. Everyone has been homeless. Everyone has low income, because their disabilities limit how much they can be employed.

Nine of the ten families at Oak Hollow are graduates of PLMFT. They were able to escape homelessness because of the availability of this new housing, where the rent is affordable.

But the key to success at Oak Hollow, in addition to affordable rent, is the services that are brought to the complex. There is an onsite trauma specialist who provides counseling. Our staff person, Ann Tropiano, MSW, provides Mentor Advocacy.

“Part of my role as a mentor advocate is to help them maintain their housing. One family was in jeopardy of being evicted due to poor housekeeping. I created chore charts and will continue to work side-by-side with the mother to improve her capacity to maintain a safe and healthy home. She was able to verbalize that her own parents never taught her many of the skills needed to maintain housing.

“I also facilitate monthly community activities. This past Saturday we colored Easter eggs with children and their parents. We recently started life

skills classes which focus on everything from anger management to budgeting to living in a community. One of the keys to Oak Hollow's success is the collaborative efforts of Wake County agencies to serve families in need from a strengths-based perspective.”

#### ***From a recent graduate***

*“I have just finished the program. My Mentor Advocate, Ms. Wright, is a great person and has taught me a lot of skills...The knowledge I have obtained has made me grow as a person. I thought there was no fixing of my credit, but through the right channels, and classes, I have cleared up a lot. I want to thank you for giving me a chance to improve my life. I plan on having a house in a year and a half, and you are all invited to my house warming (smile). Thank you again.  
~Ashley Young (named with permission)*

#### ***Join Us for Journey Day***

Learn more about how PLMFT breaks the cycle of homelessness and paves the road home with hope for families like Ashley. Experience a Journey Day to see how you can make a difference. Dates, times, and directions are on our website at [www.plmft.org](http://www.plmft.org). Questions? Contact [gail@plmft.org](mailto:gail@plmft.org) (919) 624-1280.

***“Helping Wake County's homeless families reach independence since 1980”***