



PLM Families Together, Inc.

P.O. Box 14395

Raleigh, North Carolina 27620

919-212-1123 (ph) + 919-212-1120 (fax) www.plmft.org

PLMFT 30th Anniversary Celebration

On March 11th 2010, PLM Families Together will celebrate 30 years of serving homeless families here in Wake County! Plans are being made to celebrate this milestone on the evening of March 11th from 6-8 p.m. at the Lake Plaza Office Complex on Ridgefield Drive in North Raleigh. We will be celebrating the past, our current staff, volunteers and facilities, and looking to more great successes in the future! Please contact Gail Reid-Vestal at PLMFT at (919) 624-1280, gail@plmft.org to get involved or RSVP to be a part of this celebration!

Lots of Smiles for the Holidays!

The Christmas season was a splendid one for the children of the PLMFT After-School program. We attended two theater productions in one week, thanks to the generosity of Raleigh's theater companies. Our trip to see *A Christmas Carol* was fantastic - the bright lights of Raleigh's Memorial Auditorium and the plush red seats added to the magic of the night out on the town. We returned from our late evening adventure with a car full of sleepy play-goers who were just as excited about the following evening's production of *Cinderella* at the Fletcher Opera Theater. *Cinderella* provided us with an enchanted girls' evening out and we all left feeling a little star-struck when, after the performance, the glittery actors and actresses signed autographs in the lobby. As we made the chilly trek from the theater to the car, I heard one of the littlest attendees raving about the "beautiful glass slippers." The fairy tale had ended (a little before midnight) for us as well, but there was an air of excitement as each of us thought of all the "glass slippers" we hope we'll get the chance to try on.

Volunteer Needs

PLMFT is looking for people who are handy with tools or willing to transport furniture to sign up for our handyman email list. Occasionally, we need volunteers to make minor repairs or pick up donated furniture, etc. If you'd like to serve and need flexibility, send an email to volunteer@plmft.org.

Experiences

An administrative volunteer on how her experience at PLMFT has impacted her:

"In my time at the office, never having been exposed to a housing program before, I find that I have become so much more tolerant and understanding. I have even seen myself in some of the residents. I never thought of myself as someone who might be homeless, but now I realize that if my parents hadn't been able to take my son and me in when he was young, I would have been homeless too."

A successful graduate on what she found most helpful during her PLMFT stay:

"The night we spent with the doctor at Life Skills class was fabulous. I learned so much, and do you know, now that I understand how to treat my grandchild's fever, I have not taken him to the emergency room. I thought I was supposed to do that. You feel his head, he's burning up, you think, go to the hospital. That's how we have always done it. Now, I do everything the doctor told us. I take his temperature. I let him sleep. I don't worry if he's not eating. I give him a lot to drink. And then I watch the fever, and see if it's getting higher or lower, and then the next morning, I figure out if I need to call the doctor. And usually, by then, he's gotten through it, and he's doing better. Yes, that night with the doctor was just great."

Wish List

- Diapers, sizes 4 and 5
- Winter coats, gloves
- Plungers
- Pots and pans, dishes and silverware
- Toilet Tissue and Paper Towels

