



PLM Families Together, Inc.

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PLMFT Hosts Dancing Deer Mother's Day Ride

Trish Karter, the CEO of Dancing Deer Bakery based in Boston rode her bike 1500 miles from Atlanta to Boston to raise awareness and money to end family homelessness. PLM Families Together is the largest provider of short term housing for homeless families in our region, serving more than 125 families each year, caring for 1/3 of Wake County's homeless children on any given night. We hosted Karter when she cycled into Raleigh on 4/27/09. Go to www.dancingdeer.com/ride to read Laura Benson's blog and to see a clip of an interview with one of our graduates. This event highlighted the collaborative partnership between human service nonprofit providers and corporate leaders who invest in effective community solutions to end family homelessness.

Announcing Our Updated Website

PLMFT announces the launch of its updated website. Visit us at www.plmft.org. Learn more about our mission and the many opportunities to serve and support homeless families.

Special Class on Managing Stress

The first session in a series on Stress Management was conducted at Plainview/Polly last month by volunteer Denise Thompson, a professional counselor and clinical supervisor. While our resident parents learned about the physical symptoms associated with stress and practiced relaxation techniques, our children were entertained with games, crafts and healthy snacks.

School Supplies – Ongoing Need

PLMFT residents attend various year round and traditional schools. Year round schools start in July. An ongoing need for our residents are school

supplies. We are seeking donations of new backpacks, paper, pencils, notebooks, pens, construction paper, pencil sharpeners, glue sticks, highlighters, etc.

Home Sweet Home

PLMFT is currently renovating six Brookside apartment units with fresh paint, new carpeting, and making other needed repairs. We want our residents to feel at home during their transition from homelessness to independence.

Want to Volunteer?

Office Assistant Volunteers – We welcome volunteers to assist in our administrative office at Plainview/Polly and our Intake Office at Brookside. This is a great opportunity for students to fulfill their service hour requirements for school!

Systems Analyst Volunteer - PLMFT is launching a project this year to improve our records and the information we maintain on friends, donors and volunteers. If you have systems analysis skills and experience, contact jimdavis@hoskinsdavis.com.

Adopt-an-Apartment Volunteers - Volunteers are needed to sponsor an apartment by cleaning and donating supplies to welcome new families. Contact ellendickson@gmail.com.

We have many opportunities for service, for individuals, families, or groups. To learn about our volunteer opportunities, please attend our next **Journey Day** on June 25 or contact Sue Holland at volunteer@plmft.org.

Wish List

- Plungers
- Pots and pans
- Dishes and silverware
- Toilet Tissue and Paper Towels